

**Proficiency as a Focusing Partner –**

This is not a certification, but is an award for individuals who have demonstrated they have learned sufficient skills to be a Focusing partner. This can be given either as an interim award en route to full certification **OR** as a stand-alone award. Note: this is the only award that can be given by any Certified Focusing Professional of any type. Certifications (enumerated below) can only be given by Certifying Coordinators.

---

**The following certificate types are awarded by The Focusing Institute, upon the recommendation of a Certifying Coordinator (CC)**

*Note: The term "Certified Focusing Professional" refers to anyone certified by The Focusing Institute, yet it is also a certificate title (equivalent to "Trainer"). As soon as an individual begins their program of certification, their Coordinator should have them enroll with the Institute as a "Trainee." We typically expect that an individual will be enrolled with us as a Trainee for about two years before the individual then becomes certified, although the length of study is not strictly fixed, and varies among Coordinators. A one-time certification fee applies for awarding certification. Each year following certification, those certified are expected to pay their annual membership fee to the Institute to remain listed as a certified member.*

**(1) Certified Focusing Professional OR Focusing Trainer**

These two titles are equivalent and can be awarded by any Certifying Coordinator. The title "Certified Focusing Professional" was added a few years ago as an alternative title to "Focusing Trainer." Some people still choose "Focusing Trainer," and others choose "Certified Focusing Professional" based on personal preference. An awardee may request both titles ("Focusing Trainer" and "Certified Focusing Professional") if the request is made at the time of certification. If a second certificate is requested later on, a \$25 processing fee is applied.

**(2) FOT (Focusing-Oriented Therapist)**

This is given only by Certifying Coordinators who are FOT's AND teach a specifically FOT program. It can be given (by an appropriate CC, as just described) to awardees who are legally authorized to use the title of "Therapist" in their locale AND who have followed a course of study specific to FOTs.

**(3) Wholebody FOT**

This is given only by Certifying Coordinators who are FOTs AND teach a program of Wholebody Focusing specifically for FOTs. It can be given (by an appropriate CC, as just described) to awardees who are legally authorized to use the title of "Therapist" in their locale AND who have completed a full program in FOT from the Wholebody perspective.

**(4) Wholebody Focusing Trainer**

This is given by Certifying Coordinators who have completed a full program in Wholebody Focusing AND teach their certification program from the Wholebody perspective. It can be given (by an appropriate CC, as just described) to individuals who have completed a program in Wholebody Focusing.

**(5) Children Focusing Trainer**

This is given by Certifying Coordinators who have special training in Children Focusing. It can be given (by an appropriate CC, as just described) to an awardee who has completed a regular certification course plus an additional 60 hour children focusing training course.

---

**Certifying Coordinator**

The title "Certifying Coordinator" allows a certified individual to certify others. An existing Certifying Coordinator first recommends a certified individual to be a Coordinator-in-Training (CNT). The CNT normally spends approximately two years as a CNT, bringing a minimum of two students through a full certification program under the guidance of their mentor(s). Upon completion of all requirements, the existing, mentoring CC recommends the CNT to be named as a Certifying Coordinator.